

CURRICULUM VITAE

Date of Revision:

October 12, 2025

Name:

Dr. Reihane Alipour

Education:

2011-2018: Medical Doctor, School of Medicine, Iran University of Medical Sciences, Tehran, Iran.

2018-2023: Ph.D. of Persian Medicine, Department of Persian Medicine, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran.

Career/Academic Appointments:

Assistant Professor

Administrative Positions:

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Professional Honors & Recognition:

- Top 10 percent of Medicine graduates, Iran University of Medical Sciences, Tehran, Iran (2018).
- Third place in the PhD entrance exam for Persian Medicine (2018).
- Recipient of the student Darolfonoon award, Tehran University of Medical Sciences, Tehran, Iran (2021).
- Selected in the scientific section of the National COVID-19 Era Festival (2022).
- Selected Outstanding Student in the third Persian Medicine Festival, (2022).

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Grant History (on going):

- Psychometric Evaluation of the Lifestyle Questionnaire for Persian Children Based on Traditional Persian Medicine; Kashan University of Medical Sciences, Esfahan, Iran (2022).
- Comparing the Effect of Acupuncture to Physiotherapy on Lower Limb Spasticity Following Stroke in Patients Post-Stroke: A Randomized Clinical Trial; Tehran University of Medical Sciences, Tehran, Iran (2023).
- Evaluation of the effect of short-term consumption of ice-cold water on histopathology, enzymes, and some inflammatory cytokines of the liver in rats (2025).
- Development and Validation of a Questionnaire to Assess Knowledge, Attitudes, and Practices Regarding Lifestyle Based on Persian Medicine in the Urban society of Iran, aged 18 to 60 (KAP-PMLS) (2025).
- Investigating the Effect of a Multicomponent Healthy Lifestyle Education Program Based on Persian Medicine in Schools on the Quality of Life of Elementary School Students and Parental Self-Efficacy in Tehran: A Pilot Study (2025).
- Development and Validation of a Questionnaire to Assess Knowledge, Attitudes, and Practices Regarding Health-Oriented Pediatric Lifestyle Based on Persian Medicine in parents of children aged 2 to 6 years in the Urban society of Iran (KAP-parent PMLS) (2025).
- Review of the Physiopathological Effects of Drinking Water Temperature on the Function of Body Organs and its Alignment with Principles of Persian Medicine (2025).

Completed Grants:

Acupuncture or cupping plus standard care versus standard care in moderate to severe COVID-19 patients: An assessor-blinded, randomized, controlled trial; Tehran University of Medical Sciences, Tehran, Iran (2022).

Lectures, Courses, Web-based Education:

2025:

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- Functional foods from the perspective of traditional Iranian medicine - an approach to preventing food poverty. The Third International Congress on Health Rights.
- Workshop "Management of Musculoskeletal Pain with an Integrated Approach"
- Scientific conference "Preserving the Fetus and Preventing Abortion from the Perspective of Persian Medicine"
- Series of sessions to empower graduates and students of Persian medicine and traditional pharmacy in the field of pediatric diseases on the topic of "Measures to Maintain the Health of Children After Infancy"
- Series of sessions on healthy lifestyles on the topic of "Spring, the Season of Detoxification" by the Persian Medicine Student Association in partnership with the Persian Traditional Medicine Scientific Association and Shahid Beheshti Traditional Medicine School
- General Therapeutics in Persian Traditional Medicine; Persian Medicine PhD. Students.
- Specialized Therapeutics (Dermatology) in Persian Traditional Medicine; Persian Medicine PhD. Students.
- Manual Therapies in Persian Traditional Medicine; Persian Medicine PhD.
- Specialized Manual Therapies (Massage, Dalk, and Ghamz) in Persian Traditional Medicine; Persian Medicine PhD. Students.
- Study and Analysis of Ancient Medical Manuscripts in Persian Medicine
- Internship/Practical Training for PhD Students in Persian Medicine.
- Fundamentals of Traditional Medicine and Complementary Medicine; compulsory two-unit subject for medical students.
- Fundamentals of Traditional Medicine and Complementary Medicine; compulsory two-unit subject for Physiotherapy students.
- Complementary Medicine, a compulsory course unit for Master's students in Psychiatric Nursing
- Complementary Medicine, a compulsory course unit for Master's students in Pediatric Nursing

2024:

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- Offline course empowering nutrition students and graduates based on Persian Medicine.
- Life style modification (hefz al-sehheh); Persian Medicine PhD. Students.
- Etiology and Symptomatology in Persian Traditional Medicine; Persian Medicine PhD. Students.
- Fundamentals of Traditional Medicine and Complementary Medicine; compulsory two-unit subject for medical students.
- Fundamentals of Traditional Medicine and Complementary Medicine; compulsory two-unit subject for nutrition students.
- Fundamentals of Traditional Medicine and Complementary Medicine; medical sciences students passing unit of Physical Education.

2023:

- Complementary medicine (improving and accelerating the treatment of patients); international master's student of nursing.
- Fundamentals of Traditional Medicine and Complementary Medicine; compulsory two-unit subject for medical students.
- Research Methodology; Persian Medicine PhD. Students.

2022:

- Research Methodology; Persian Medicine PhD. Students.
- Complementary medicine; international Persian Medicine PhD. Student.

2021:

- Complementary medicine (acupuncture for respiratory diseases); Persian Medicine PhD. Student.

PROFESSIONAL SERVICE

Peer Review Groups/Grant Study Sections :(*Membership in research committees*)

2025:

- Scientific Committee of the Third International Congress on Health Rights

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- Scientific Committee of the First Empowerment Course for Graduates and Students of Persian Medicine and Traditional Pharmacy in the Field of Pediatric Diseases
- Executive and Scientific Management of the Empowerment Course for Graduates and Students of Persian Medicine of the Faculty of Traditional Medicine in the Field of Chinese Medicine and Acupuncture - Basic and Advanced
- Complementary Medicine Committee of the Iranian Scientific Association of Traditional Medicine

2024: Member of the Research Committee of the Office of Persian Traditional Medicine, Ministry of Health, Treatment, and Medical Education.

Journal Service:

2025: peer review for: Frontiers in Medicine, Frontiers in Nutrition, Traditional and Integrative Medicine journal, Quarterly Journal of Medical History, Shahid Beheshti University of Medical Sciences

2024: Traditional and Integrative Medicine journal, Helyon, Quarterly Journal of Medical History, Shahid Beheshti University of Medical Sciences

2023: peer review for Traditional and Integrative Medicine journal, Manuscript Number.

2022: peer review for Journal of Acupuncture and Meridian Studies, Manuscript Number.

Professional Organizations:

Member of the Persian Acupuncture Scientific Association (2024 to present).

Member of the Persian Traditional Medicine Scientific Association (2018 to present).

Committees Memberships: *(Membership in university committees such as ethics committee in research and other professional committees)*

- Member of the founding board and member of the central council of the Persian Medicine and Complementary Medicine Student Association, Tehran University of Medical Sciences, Tehran, Iran (2022-2024).

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- Member of Students' Education Development Committee, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran (2019-2022).
- Secretary of Students' Education Development Committee, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran (2018-2019).

Bibliography:

Peer-Reviewed Original Research:

- Kashaki, M, Alipour, R, and Saboute, M. "Changes in Vitamin D Status during the First Two Weeks of Life in Preterm Infants on TPN: A Cross Sectional Study." *Prensa Med Argent* 105 (2019): 135. <https://doi.org/10.47275/0032-745X-133>
- Tabarraei, M., Motaharifard, M. S., Shirbeigi, L., Alipour, R., & Paknejad, M. S. (2020). Physical activity and exercise recommendations for children in Persian medicine: a narrative review. *Journal of Pediatrics Review*, 8(4), 247-254.. <http://dx.doi.org/10.32598/jpr.8.4.864.1>
- Alipour, R., Marzabadi, L. R., Arjmand, B., Ayati, M. H., & Namazi, N. (2022). The effects of medicinal herbs on gut microbiota and metabolic factors in obesity models: A systematic review. *Diabetes & Metabolic Syndrome: Clinical Research & Reviews*, 16(9), 102586. <https://doi.org/10.1016/j.dsx.2022.102586>
- Alipour, R., Jamalimoghadamsiahkali, S., Karimi, M., Asadi, A., Ghaem, H., Adel-Mehraban, M. S., & Kazemi, A. H. (2022). Acupuncture or cupping plus standard care versus standard care in moderate to severe COVID-19 patients: An assessor-blinded, randomized, controlled trial. *Integrative Medicine Research*, 11(4), 100898. <https://doi.org/10.1016/j.imr.2022.100898>
- Alipour, R., Karimi, M., Adel-Mehraban, M., Jokar, A., Vali, M., & Kazemi, A. (2024). Combining Chinese and Persian medicine techniques of cupping in hospitalized COVID-19 patients: a single-blind, randomized, controlled trial. *Advances in Traditional Medicine*, 24(1), 253-263. <https://doi.org/10.1007/s13596-023-00693-3>.
- Dastjerdi, M. J., Azadvari, M., Kordafshari, G., Zhao, B. X., Adel-Mehraban, M. S., Alipour, R., ... & Sefti, A. V. (2024). Comparative efficacy of acupuncture, venesection, and physical

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therapy on chronic low back pain outcomes: a randomized clinical trial. *Annals of Medicine and Surgery*, 86(5), 2729-2738. <https://doi.org/10.1097/MS9.0000000000001944>

- Alipour, A, Adel-Mehraban, M. S., Dastjerdi, M. J., Kazemi, A. (2024). Comprehensive Practical Review of Acupoint Embedding as A Semi-Permanent Acupuncture: A Mini Review. *Medicine®*. <https://doi.org/10.1097/md.00000000000038314>
- Amir Hooman Kazemi, Mohammad Sadegh Adel-Mehrabana , Ali Vafaie Sefti, Bin Jiang WU , Reihane Alipour*. (2025). Acupuncture as adjuvant therapy in hospitalized patients with COVID-19: A single-blinded randomized controlled trial. *World Journal of Acupuncture – Moxibustion*. <https://doi.org/10.1016/j.wjam.2024.12.006>.
- Mohammad Sadegh Adel-Mehraban, Mehrdad Karimi, Reihane Alipour, Zahra Mirali, Haleh Ghaem, Arman Zargar, Khadijeh Mirzaei, Amir Hooman Kazemi. (2025). Effectiveness of acupuncture and a cumin-based herbal formula on anthropometric indices of overweight patients: a randomized double-blind placebo-controlled clinical trial. *Journal of Diabetes & Metabolic Disorders*. <https://doi.org/10.1007/s40200-024-01499-z>
- Reihane Alipour*, Marzieh Akhbari , Hassan Jabbari , Zahra Salehi. (2025). Enhancing Parental Support based on Persian Medicine for Children's Healthy Lifestyles through Educational Intervention: A Pre-Post Test Pilot Study. *Traditional And Integrative Medicine*. <http://doi.org/10.18502/tim.v9is1.16695>

Chapters, Books:(List of chapters or published books according to Vancouver style, from past to present)

- 2025: Girls' Health: A Health-Oriented Lifestyle from the Perspective of Persian Medicine. Monadi Tarbiat Cultural Institute affiliated with the Deputy of Education and Culture of the Ministry of Education of Iran.

Invited Editorials, Commentaries, Reports and Case Studies:

- Noroozi, S., Jamali, M., Alipour, R., & Karimi, M. (2020). A Case Report of Friedreich's Ataxia Management in A 24-Year-Old Woman Based on Persian Traditional Medicine. *Asian Journal of Traditional, Complementary and Alternative Medicines*, 3(1-2), 1-5. <https://doi.org/10.22040/ATCAM.2019.108138>
- Karimi, M., Kazemi, A. H., Asadi, A., Zarei, A., Zargar, A., Moravej, S. A. A. H., ... & Alipour, R. (2022). Warm cupping of the posterior thorax in combination with standard

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conventional therapy for ARDS in COVID-19 patients in ICU: a case series. *Journal of Acupuncture and Meridian Studies*, 15(3), 194-200.

<https://doi.org/10.51507/j.jams.2022.15.3.194>